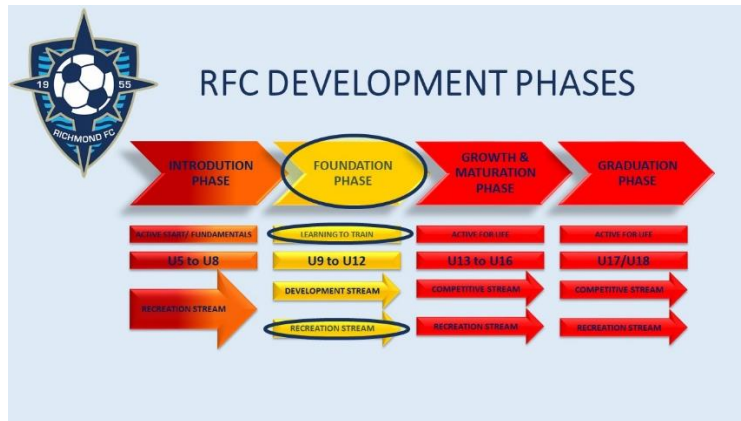




# U9/U10 Recreational Program 2018/19

**U9/U10 Recreational Program** – The Richmond FC U9/U10 Recreational Program is the 2<sup>nd</sup> stage of the player’s development at RFC and is part of the Foundation development phase within the club framework, which falls under the Learn to Train Stage of Development in the Canada Soccer Long Term Player Development Model. There are 2 streams within the foundation development phase, the recreational and development streams, this program falls in the recreational stream.



The U9/U10 recreational program will have an RFC Technical Lead assigned to oversee and co-ordinate program with the objective to provide mentorship and guidance to all the club coaches within the age group.

The RFC Technical Lead will be provided with support from the RFC Coaching Staff, who will work directly with the club coaches and players during training sessions and game days, with the aim to provide the best development environment possible for this group of players at their current stage of their development.

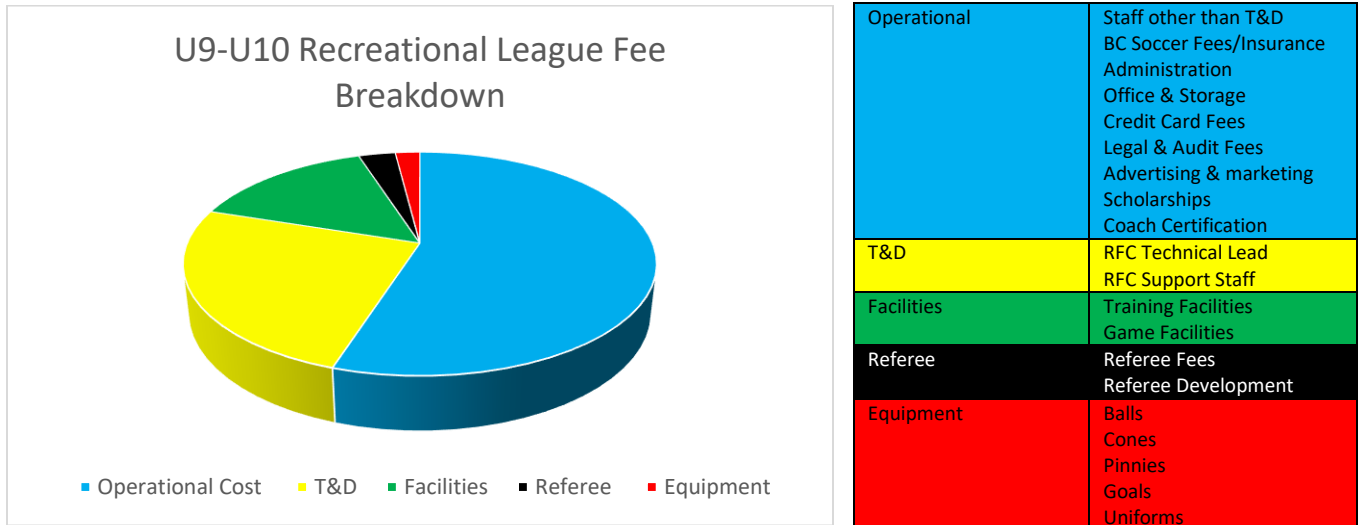
The training model would follow the CSA’s best practice model for this stage of development, with 1 session per week 1hr duration.

The curriculum for this program has been developed by the RFC Technical director and follows the guidelines outlined in the Canadian Soccer Associations LTPD Model

Games would be 1x per week, and would be 6v6 format at U9 and 7v7 at U10 as per the Canadian Soccer Associations LTPD small sided guidelines

**Cost:** \$300 per player

Fee Breakdown:



There has been a slight increase in fees for this season for the following reasons:

1. The club has not increased fees for the past 3 years
2. The club conducted a review of program costs
3. The increase in qualified staff working within the programs
4. Increase in Facility costs