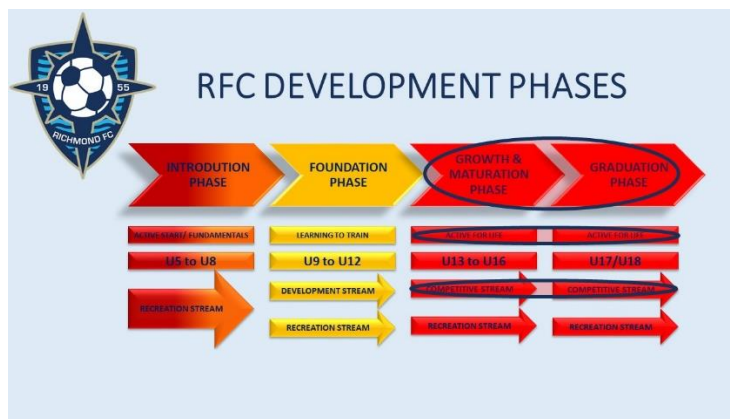




# 2019/2020 U13-U18 Select Program

**U13-U18 Select Program (2007-2002)** – The Select Program consists of Metro, Division 1 and Division 2 teams whereby competitive streamed teams are chosen via evaluations. Metro is the top tier of programming in Richmond FC and the 4<sup>th</sup> tier in BC after Whitecaps Residency, BC Soccer High Performance and BC Soccer Premier League (BCSPL).

The Richmond FC U13-U18 Select Program is the final 2 stages of the player’s development at RFC, at U13-U16 players are part of the Growth & Maturation development phase within the club framework and at U17/U18 players enter the Graduation development phase, both of which falls under the Active for Life Stage of Development in the Canada Soccer Long Term Player Development Model. There are 2 streams within the Active for Life development stage, the recreational and competitive streams, this program falls in the competitive stream.



Each age group will have an RFC Technical Lead assigned to oversee and co-ordinate program within a specific age group with the objective to provide mentorship and guidance to all the club coaches working within all divisions Metro, Division 1, Division 2 and Division 3 at that age group.

At the Select level, the Age Group Technical Lead would provide support to the assigned Metro, Division 1, Division 2 club coaches during training 1-2 x per week and at home games throughout the season when schedule allows, working directly with the coaches and players with the aim to provide the best development environment possible for this group of players at their current stage of their development.

At U13-U16 there is a maximum 18 players per team and at U17 and U18 there is a maximum 20 players per team.

The Age Group Technical lead will also work with teams within the recreational stream within the age group providing consistency throughout the age group, and providing opportunities for players to move through the divisions to ensure players are playing and training within the best environment based on their current ability

The training model follows the CSA’s best practice model for this stage of development, with 2 sessions per week, 1hr 30min in duration with the option of a 3<sup>rd</sup> session led by the assigned Age Group Technical Lead. At U13, U14 and U15 Metro programming is mandatory 3 sessions. U16-U18 Metro and U13-U18 Division 1 & 2 will have 2 mandatory training sessions and optional 3<sup>rd</sup> session.

The curriculum for this program has been developed by the RFC Technical director and follows the guidelines outlined in the Canadian Soccer Associations LTPD Model

Games would be 1x per week, and would be 11v11 format as per the Canadian Soccer Associations LTPD recommendations for this stage of development, teams would participate in the BC Coastal Soccer League during the course of the season, playing other teams within their division, from other districts across the lower mainland. The season runs from mid-August until March, with Metro teams and qualifying Division 1 and 2 teams advancing to the Coastal Cup which runs through the month of April each year.

**2019/2020 U13-U18 Fees:**

Fees for 2019/2020 season have not been set by the Board of Directors, but below are the 2018/2019 fees:

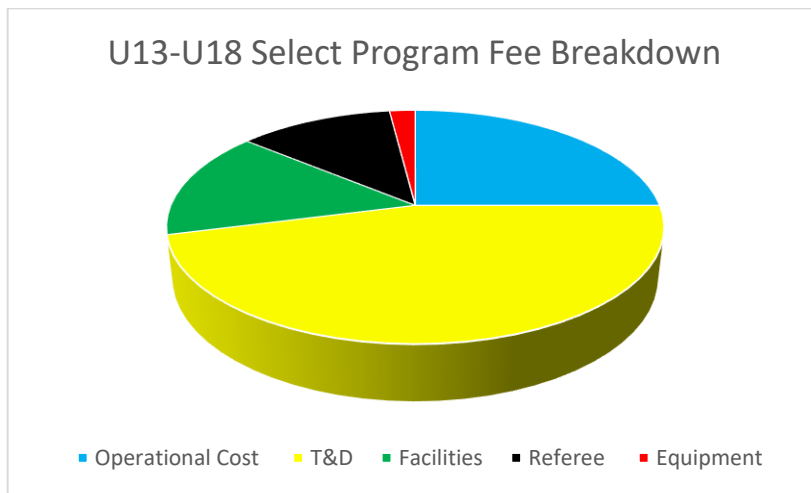
**Metro:** \$805 (3 trainings per week)

**Division 1/Division 2:** \$545 (2 trainings per week)

**Optional 3<sup>rd</sup> session for Division 1 & 2:** \$260

**Division 3 (non-Select):** \$320

Fee Breakdown:



Operational	Staff other than T&D Administration Office & Storage Credit Card Fees Legal & Audit Fees Advertising & marketing Scholarships BC Soccer Fees Insurance
T&D	RFC Technical Lead GK Development
Facilities	Training Facility Rental Game Facility Rental
Referee	Referee fees Assistant Referee Fees
Equipment	Balls Cones Pinnies Goals Uniforms