



U8 Boys Rules of Play

#1 RULE - HAVE FUN!!!!!!

Fields – 20 yards wide and 34 yards long

Ball size – 3

Players on field – 4 v 4 (NO goal keeper, NO coaches standing in net)

Playing time – equal playing time for all players, sub every 2 minutes “on-the-fly”

Equipment – soccer cleats/turf shoes and shin guards are mandatory

Teams – split your team in two (home and away), away team travels across to play scheduled opponent and then switch for 2nd game and play other half of scheduled opponent. Mix your teams up every week – different players and different coaches. You will need 4 parents each weekend per team helping out.

Game time – two (2) 20-minute games with 10 minute warm-up at the start (horn blowing will be provided)

10am-10:10am – Warm-up (triple horn blow to signal end of warm-up and get team divided into home/away)

10:15am-10:35am – Game 1 (double horn blast to signal start of game, single horn blast to signal end of game, handshake and rotate opponent)

10:40am-11:00am – Game 2 (double horn blast to signal start of game, single horn blast to signal end of game, handshake and move off field)

NOTE: U7s will be playing immediately after at 11am, please move off field for post-game snacks/socializing.

Scoring – score from anywhere, no offside. **No need to rack up the score – this is NOT the World Cup and no scores are reported. Encourage passing, team work and sportsmanship.** If the goal differential reaches 3, then the leading team should cease scoring and work on passing and skill development until the differential decreases.

Kickoff – all players in own half, opponents retreat 5 metres (at start of game and after goal)

Ball out of bounds on end lines/sidelines – coach to roll a ball back in play (no throw-ins, corner kicks or goal kicks)



Fouls – indirect free kick to other team for tripping, punching, kicking, tackling from behind, handball (obvious). Coach to sub player off and instruct if bad foul play.

Free kicks – all indirect. Opponents retreat 5 metres. No penalty kicks.

Referees – none provided, coaches act as on-field facilitators

End of game – 3 cheers and team line “good game” hand shake. Cold and flu season we recommend “high elbows” (instead of high-fives)